

DAY 1

The 7 Habits of Highly Effective People® Foundations

Improve effectiveness throughout your workforce.

Your organization's success depends on strong individual performance at all levels, including your non-managerial, administrative, sales, and staff-level employees. Great performance requires a common set of values, behaviors, and skills that align individual capabilities to your organization's strategy.

The 7 Habits represent a proven process of personal and interpersonal growth that can have both immediate and lasting impact

– Dr. Stephen R. Covey

Participants learn the timeless principles of human effectiveness that propel them toward greater maturity and performance. They learn that true success comes from the inside-out.

You will learn to:

- Focus and act on what you can control and influence instead of what you can't.
- Define clear measures of success and a plan to achieve them.
- Prioritize and achieve your most important goals instead of constantly reacting to urgencies.
- Collaborate more effectively by building high-trust relationships.
- Influence others by developing a deep understanding of their needs and perspectives.
- Develop innovative solutions that leverage diversity and satisfy all key stakeholders.
- Increase motivation, energy, and work/life balance by making time for renewing activities.

The Private Victory and The Public Victory

Private Victory

First, participants build a foundation of character by focusing on leading and managing themselves—achieving the Private Victory. They accept full responsibility for their choices, moods, actions, and outcomes. They set goals that align their own unique mission and

purpose to their team and organization, and learn how to execute those goals by staying focused on what is most important, not just most urgent.

Public Victory

Second, they achieve the Public Victory by learning how to work well with others effectively—to have lasting influence and impact. They learn the mindset of mutual abundance in every encounter, how to effectively communicate with others by listening and advocating with empathy and respect, and how to synergistically solve problems with better solutions than they have previously thought possible.

Participant Kit Includes:

- 7 Habits Foundations Participant Guidebook
- 7 Habits Summary Cards